“The year 2013 is going out with a bang and a surge of energy”

Wow! Our professional lives tend to slow down a bit as the year ends – less daylight, no more daylight savings time, colder weather, snow already (!), holiday preparations, and on. But not this year! The year 2013 is going out with a bang and a surge of energy.

SENATE BILL 690! YES! Say YES to Direct Consumer Access. That feels great to say! SB 690 was introduced in the Michigan Senate on November 14th. The bill provides for 1) 10 visits or 21 days of treatment without a referral AND 2) no referral required for a person to receive physical therapy treatment for the purpose of preventing injury or promoting fitness. Your MPTA Legislative Committee, Lobbyist, and others have been working continuously since the start of the legislative session to bring this bill forward. Let this be the year! Read Craig Miller’s report and the MPTA website (mpta.org) for more details about the bill, next steps and what you, your friends, your patients and others can do NOW.

MPTA started a Facebook page: Michigan Physical Therapy Association. We are starting to get the hang of social media (the Western District, UP District and the Student Relations Committee all have pages as well)… but this has great promise as a new tool to communicate physical therapy news and events to our community. Very quickly news spread about the Stop the Therapy Cap action day on November 4th and the introduction of SB 690. Let MPTA know the kinds of posts you would like to see on our Facebook page by contacting us at mpta@mpta.com or calling (800)242-8131.

PT Pub Night has made it to Michigan! PT Pub Night was started by the Oregon Physical Therapy Association in 2012! It started off small and has become hugely successful. PT Pub Night is happening in 8 states at press time – 11 locations just in Oregon – all on the Third Thursday of the month. PT Pub Night is about networking and socializing with your physical therapy colleagues –no agenda, not a meeting.

MI PT Pub Night had its first event in October in Novi. There are many ways to get information. Melanie Wells, PT is our founder of MI PT Pub Night.
I am truly grateful you are taking the time to read this update on legislative issues. Dealing with legislative issues may not be the reason you are in physical therapy as a therapist, assistant, or student. Legislative issues may not be the rewarding part of physical therapy. Teaching your patient how to get out of that hospital bed the first time, assisting your patient in taking their first steps in the parallel bars, or celebrating the fact that your patient can finally perform that home exercise correctly. But be assured that in this era of healthcare reform, legislative issues impact physical therapy delivery of care! During our recent conference in Southfield, I combined the federal and state legislative issues during my report, and I’m going to do the same here, but with a little sharper focus. There is an extensive list of legislative issues that need your attention: a flawed sustainable growth rate (SGR) that needs to be fixed, functional limitations reporting, multiple procedure payment reduction, the fact that Michigan is one of only two states without direct access to physical therapy, and the list goes on. Instead of getting lost in all of the issues, let’s focus on one federal issue and one state issue. I’ve chosen these two issues because there are some significant similarities with them: both have been around for quite some time. Both seem to have a flurry of activity followed by prolonged lulls in activity, both seem to make no sense that they still need to be fought for by physical therapy professionals, and both, if resolved, would be beneficial to the patients we serve!

First, Michigan is one of only two states without direct consumer access to physical therapy! This issue has been around for more than 30 years; we’ve come close, but fallen short. MPTA has taken actions again this legislative session to achieve the goal of direct consumer access, and now we have it, Senate Bill 690! We’ve revamped our strategy, reworked legislative language, and revisited opponents to improve our chances of success. How can you help to support SB 690, and say YES to direct access and direct consumer access to physical therapy services in Michigan? In order to ensure success, you’re going to need to put in a little sweat equity into this one! MPTA doesn’t have the larger financial backing that some of our opponents do, but what we do have is reasonable proof that direct consumer access is in the best interest of the consumers in the state of Michigan, and with your help, we will have a much louder voice.

Here’s what you need to do:
• MPTA has updated the home page at www.mpta.com to provide a direct link to the APTA action center. You must contact your legislator indicating your support for SB 690.
• Find at least one patient who you know has a convincing story supporting direct access and direct consumer access to physical therapy services in Michigan. Visit www.mpta.com to print additional information and instructions.
• Find at least one colleague, share this information, and encourage them to take the same actions that you are to support SB 690!
• Support MPTA PAC in any way you can, follow the link on www.MPTA.com!

Second, on a federal level there is the therapy cap. The arbitrary financial limit to outpatient physical therapy services for Medicare beneficiaries has been around since 1997, and has had short term fixes repeatedly since 1999. Once again we are faced with the possibility of a hard therapy cap without an exceptions process. The continuation of the exceptions process would allow a patient to go beyond the financial cap when medically necessary, which I’m sure we can all agree, is a good idea. How can you help? You can take these very simple steps:
• Visit the following link to take action and have your voice heard, http://www.apta.org/FederalIssues/TherapyCap/Grassroots/.
• Consider joining the PTeam at http://www.apta.org/PTeam/.
• Support the PTPAC in any way you can.

Yes, it is that easy, follow these suggestions and you can make a difference!

There are a number of issues that impact physical therapy; you can visit the APTA at http://www.apta.org/Advocacy/ for summaries of the many issues. However, the two listed above are two of the most critical facing us locally and nationally. Please take the steps I’ve outlined above, and if you are interested in finding out even more about what you can do, please contact me through the MPTA.

Thank you!
As an educator, it is always noteworthy to see the excitement generated by students who are embarking on their careers. As someone who has been a physical therapist for a considerable amount of time now, it is always good to be reminded of how that passion and energy fuels the profession. Physical therapists do not stand still – and I do not just mean during the work day! Our profession has been fueled since its inception by pioneers in not only physical therapy, but in the health care field. We need to keep this energy going to ensure the future place for physical therapists at the forefront of returning individuals to their lives functionally.

The Michigan Physical Therapy Association continues to lobby our legislators – to keep the interests of physical therapy for the citizens of this state in mind when legislation is being discussed. Please see the Legislative News section for the most recent information on Direct Access. Membership interest is what fuels this effort – but without ACTIVE interest, this will be challenging. The American Physical Therapy Association continues to be ACTIVE with federal legislative issues and also needs our ACTIVE interest. Remember to check the MPTA and APTA websites frequently for updates on legislative issues.

Professionally, physical therapists are ACTIVE consumers of continuing education. The continued desire to seek knowledge and learn new skills is fueled by the interest to constantly seek out means for improved outcomes for our patients – again citizens of Michigan. Please see the article written by Corey Sobeck, Director #2, regarding newly passed Physical Therapy Administrative Rules. Although the full set of rules has not yet been posted, Corey provides a link to a summary of these new rules – which relate to the continuing professional development requirements that have been under review for some time.

ACTIVE participation can occur via many modes: contacting your legislators directly via personal visits, telephone calls, or letter/email writing; volunteering on an MPTA committee; volunteering time to learn about the issues and share them with others who might in turn participate in campaigning for causes relevant to physical therapy; and/or donating to the MPT-PAC. Please see Edward Mathis, MPT-PAC Chair, submission which answers frequently asked questions about the MPTA and MPT-PAC Chair, submission which answers frequently asked questions about the MPT-PAC. Contact the MPTA directly at (800) 242-8131 or visit mpta@mpta.com volunteer needs page if you are interested in volunteering on any of the many fronts the association is engaged in.

There are countless other ways that MPTA members remain ACTIVE as physical therapists and fuel the passion– locally in your own communities, regionally in the state, and nationally! None of these efforts go unnoticed by others. Thank you to the members of the MPTA for continually being ACTIVE for the whole!

PRESIDENTS PERSPECTIVE (continued from page 1)

Information about upcoming MI PT Pub Nights will be posted on the MPTA FaceBook page and on our website. You can RSVP on the PT Pub Night Facebook page https://www.facebook.com/events/1403078766594110/. If you do not use Facebook, would like to start a MI PT Pub Night in your area, or have questions, please contact Melanie directly at melaniewellspt@gmail.com or contact the MPTA Office at (800) 242-8131 for assistance.

Thank you to all of our members who contribute to the work of our profession in so many ways. A few who were honored at the MPTA Fall Conference Awards banquet are highlighted in this issue. There are many more – we are lucky to have such a strong coalition of volunteers. Thank You!!!
DIRECTOR NEWS

DIRECTOR #2
Submitted by Corey Sobeck, PT, DScPT, OCS, OMPT
MPTA Director #2 - Professional Development and Membership

It is my pleasure to serve on the MPTA Board of Directors as Director #2 - Professional Development and Membership. I look forward to hearing from MPTA members related to these areas. Please contact me with any questions, comments and ideas pertaining to professional development or membership issues at mpta@mpta.com.

MANDATORY CONTINUING COMPETENCE - PUBLIC ACT 55-2009
The Board of Physical Therapy passed new PT Administrative Rules at the most recent Board of Physical Therapy Meeting on 10/15/13. There is no time frame for online posting of the PT Administrative Rules. The summary of what is expected in the pending rules is posted on the MI.gov website. Go to the PT Rules & click on proposed revisions. It can be found at: http://www7.dleg.state.mi.us/orr/Rules.aspx?type=Number&id=R%20338.7101

MPTA learned verbally that the broad model of continuing professional development was passed. We will have full details when the new PT Rules are posted.

There will be a public hearing on the new Rules. The public hearing is part of the legislative oversight process that occurs via the Joint Committee on Administrative Rules (JCAR). Final approval of the new rules should take about a year, so no implementation date for mandatory continued competence for re-licensure of PTs and PTAs has been established.

MEMBERSHIP
Membership numbers as of November 12, 2013 are as follows:
- PT Members: 1,916
- PTA Members: 260
- Student Members: 648
- Total Members: 2,824

Membership numbers are trending up for all membership categories but please continue to encourage non-members to join the MPTA and receive all the benefits of membership, including great conferences, networking, legislative and reimbursement advocacy and more.

MPTA IS WORKING FOR YOU

- MPTA continues to follow the PT Administrative Rules process closely to keep members informed on timelines when mandatory Professional Development Requirements will be required for re-licensure.
- MPTA will keep members informed when the PT Administrative Rules are open for public comment.
- Both PTs and PTAs will be required to demonstrate continued competence when the PT Administrative Rules are finalized. Again - No target date is currently set for implementation.
- MPTA will continue to sponsor excellent educational seminars at a discounted rate for our members.
- Please join us at the 2014 MPTA Student Conclave and Spring Conference at the Kellogg Hotel and Conference Center in Lansing on March 28 and 29, 2014. Go to www.mpta.com for full details.

DIRECTOR #4
Submitted by Marty Sytsema PT, MSPT, OMPT, FAAOMPT, CIMT - Reimbursement Director

Reimbursement issues have arisen at both national and state levels over the last few months.

One national trend is other insurance companies following CMS guidelines and applying MPPR to their payments. Another trend is insurance companies hiding language in contract renewals that may lock you into terms that are bad for your individual business. As new contracts come to your clinic, please read them carefully. Also on the national front, CMS is proposing changes to its Physicians’ Quality Reporting System (PQRS) including increasing requirement of reporting on 3 measures to 9. The APTA is strongly involved in this process. Stay tuned to APTA.com as further guidance will be coming.

On a state level, multiple issues have also been addressed. The MPTA reimbursement committee met with BCBSM in late October. We discussed how their Landmark program was going and about the appeals process for clinics that received disaffiliation letters.
BCBSM states that it isn’t their goal to remove members from their network, but they want PTs who see patients longer to explain why their population requires more visits or to come up with a plan to get within expected norms.

One issue that has arisen with BCBSM in the last few months is some fine print in their contract language which prohibits physician assistants from referring to physical therapy. BCBSM recognizes the problem, but it is going to take over a year for this language to be changed. We have been working with all parties to find an acceptable solution to this problem. MPTA is most pleased to update our members, that through the tireless efforts of the MPTA Reimbursement Committee, the result is Blue Cross saying it will continue to accept physician assistant scripts for physical therapy.

We have also met with Priority Health in late October, trying to help them find an outcome tool that they could use to compare therapists within their network. We have advocated that it is very good for our profession to be able to measure outcomes, because without data, how do we prove effectiveness? Many tools offer robust reporting but at very high costs and we stressed that members in their network have already taken large cuts in reimbursement this year and won’t be able to pay a large price for something that is going to create more paperwork and office processes. On the bright side, Priority Health plans to have a system of bonuses for clinics that score above the mean. Many more details will be coming as this plan gets further developed.

Stay tuned ...

DIRECTOR #5

Submitted by J. Tim Zipple, DScPT, OCS, FAAOMPT – MPTA Director #5 - Student Relations Committee

The MPTA Fall Conference seemed to be a better success with a higher participant attendance this year in Southfield, MI. Strong topics and networking helped to make the event popular and fruitful. Also at the MPTA Fall Conference, I participated in the PTA-AAAC (PTA Program Directors) meeting, chaired by Patricia Hill, PT, MA from Washtenaw Community College. The topics of discussion revolved around the newly elected Board of Directors #5 position (who would be the new liaison to this committee) for 2014 and the possibility of Steve Pedley, PT, MS assuming the Student Relations Director duties. Pat discussed the Educational Leadership Meeting, PTA business meeting and the task force studying the ramifications of a move towards increasing the educational requirements for the PTA curriculum. Other topics included potential job market limitations and finding a chair for the MPTA Outstanding Student Award for PTA Programs.

At the PT-AAAC (PT Program Directors) meeting in Okemos, several new Program Directors represented their programs, and there was continued discussion revolved around upcoming retirements. The committee is looking to replace the chair of the MPTA Outstanding Student Award after the departure of the last chair person. A report was given on events at each institution, currently FTE’s and cohort class size, as well as an update on how the PTCAS (Centralized Application System) is working out. I reminded both the PT and PTA Program Directors of the initiative from the SRC (Student Relations Committee) to have student and faculty representatives from each institution be involved in dissemination of information and planning for MPTA SRC events. This is one of many initiatives designed to keep students involved after graduation as MPTA/APTA membership tends to fall off in the early years of clinical practice.

As for the SRC itself, the student executive board and planning committee have been frantically trying to fill the roster for the Spring Conference at the Kellogg Center in East Lansing (March 28th, 2014). So far, they have the following topics: cardiopulmonary, MDT (McKenzie), kinesiotaping, hippotherapy, chiropractic medicine, and psychosocial issues. They are working to finalize the speakers for each of the topics. The committee was still working to identify a speaker to discuss financial planning following graduation.
MPT-PAC FREQUENTLY ASKED QUESTIONS:

WHY DONATE TO THE MPT-PAC?
By financially supporting the MPT-PAC you will ensure that a single voice dedicated to protecting and advancing the profession of physical therapy will be heard where it is needed most: the state capital. The MPT-PAC educates legislators so that they can come to realize that the services and functions physical therapy professionals provide to the community are extremely beneficial.

HOW DOES THE MPT-PAC DECIDE WHOM TO CONTRIBUTE TO?
The committee assesses the previous track record of the incumbents such as accessibility to MPT-PAC and MPTA leadership and our advocates, whether they carried legislation on behalf of physical therapy, or if they spoke in support of physical therapy bills. Whether or not the incumbent had any committee assignments and leadership positions is also taken into account.

If no incumbent is running, we talk to the candidate(s) in an attempt to see what he/she knows about the practice of physical therapy and if he/she is sympathetic to our views. This also provides us the opportunity to educate potential new legislators about who physical therapists are and what they do. In addition, we encourage the input of local physical therapists and rely on political intelligence to assist us in determining if the candidate is “electable.”

DOES THE MPT-PAC ONLY GIVE TO CANDIDATES OF ONE POLITICAL PARTY?
No, the MPT-PAC is bi-partisan. Our giving is not based on party labels. We focus strictly on physical therapy and, therefore, contribute to candidates that support the protection and growth of the profession of physical therapy.

HOW TO DONATE?
Go to www.mpta.com and click on the link on the right or send a check payable to MPT-PAC, 1390 Eisenhower Place, Ann Arbor, MI 48108.
NOMINATING COMMITTEE
Submitted by Geraldine Connor, PT and Suzanne Perkins, PT, DPT

MPTA 2013 Election Results

The ballots have been cast, counted and verified, with one hundred forty-one ballots received.

The following are the officers who will hold terms from January 1, 2014 until December 31, 2015. The number in parentheses indicates the percentage of votes the individual received.

Secretary: Karin Crute (88%)
Treasurer: Edward Mathias (88%)
Director for Legislative Affairs: Craig Miller (89%)
Director for Conferences: Chris Wilson (86%)
Director for Academic Relations: Debra Ludwiczak (82%)
Chief Delegate: Cameron Williams (49%)
Nominating Committee Member at Large: Geri Connor (83%)
Nominating Committee Upper Peninsula District: Geri Hawley (78%)
Nominating Committee Eastern District: Annemarie Kammann (78%)
Nominating Committee Northeastern District: Jennifer Blackwood (77%)
Delegates: Gina Otterbein (73%), David Perry (70%), Chris Wilson (61%), Elizabeth Ramey (52%), Teresa Stayer (41%), Britney Rauch (39%)
PTA Caucus Representatives: No candidates, 3 write ins, Board of Directors to fill vacancy.

Congratulations to the newly elected members. Thank you to all who consented to serve. Nomination forms will be available for the 2014 elections in late spring.

If there are any questions, concerns or suggestions please contact Geri Connor at gconner@jamadots.com

SRC COMMITTEE
Submitted by Trisha Mayo, SPT, Co-Secretary, SRC Committee

SRC COMMITTEE HOSTED ANNUAL MEET & GREET

On September 22nd, the Student Relations Committee (SRC) hosted their annual Meet and Greet in Lansing. Physical therapy and physical therapist assistant students from around the state gathered to get to know one another and learn about the MPTA SRC. The successful turnout consisted of 53 students from schools including Andrews, GVSU, CMU, OU, UMF, WSU, Delta, and Henry Ford. Students collaborated over lunch, were introduced to the SRC committee members, played a number of games, and afterwards many opted to stay for the monthly SRC meeting.

The SRC is in full-force planning mode for the annual Student Conclave to be held on March 28, 2014 at Kellogg Hotel & Conference Center, 55 South Harrison Road, East Lansing. Programming is currently being organized based on the theme “Working Together to Expand our Profession” featuring the keynote speaker Kathy Mairella. Kathleen K. Mairella, PT, DPT, MA is an Assistant Professor & Assistant Director of Clinical Education at the University of Medicine and Dentistry of New Jersey/School of Related Health Professions in Newark, NJ. Prior to being elected to the national APTA Board of Directors, Kathy was a 2-term President of APTA, as well as Chief Delegate for the New Jersey chapter. Kathy holds a Bachelor of Science degree in Physical Therapy from Boston University, Sargent College, a Master of Arts degree in Movement Sciences & Education/Motor Learning from Columbia University, and a Doctor of Physical Therapy degree from the MGH Institute of Health Professions.
SMALL RESEARCH GRANT PROGRAM

The MPTA Institute for Education and Research is pleased to support and encourage clinical research on behalf of the physical therapy profession through our Small Research Grant Program. Through this program, $75 awards are granted to help cover out-of-pocket expenses for research projects and to encourage the development of new projects. Both PT/PTA students and working professionals who are MPTA members are eligible. Grant recipients often share their research outcomes with the MPTA members at an annual MPTA Fall Conference. Multiple awards are available each year. To apply, please send a cover letter and an abstract to the MPTA Institute.

The abstract should be a brief description (less than 500 words) of the proposed project including the purpose, methods, expected results and potential relevance of the project to physical therapy.

A cover letter should contain the following:

1. Applicant’s full name, home address, email address and telephone number.
2. For employed PT/PTAs include employer’s name, address and phone number. For students include school name, address and phone number.
3. A statement of the request for funds and what the money will be used for within the project.
4. Where the research will take place.
5. A statement certifying research will comply with all appropriate human and animal use procedures and approvals.
6. Endorsement of the investigator’s supervisor (for students, the research advisor) stating that the project is feasible and in keeping with the institutional policies and procedures.

Applicants will be notified upon receipt of their submission. The review process takes approximately 6 – 8 weeks. Send application to: Small Research Grant Program, MPTA Institute for Education and Research, 1390 Eisenhower Place, Ann Arbor, MI 48108, or mpta@mpta.com, subject line: Small Research Grant Program.
Join Us in East Lansing for Two Exciting Back to Back Events!

Network, Visit and Learn with Your Peers!

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**Event #1**

**2014 MPTA Student Conclave**

Friday, March 28, 2014

The MPTA Student Conclave is designed to help students explore the possibilities for their future. The MPTA Student Conclave is organized by the MPTA Student Relations Committee, a student-run committee consisting of PT and PTA students. Information can be found at www.mpta.com.

**Who should attend?**

All PT and PTA students in Michigan are invited to attend this program. If you are interested in attending as an exhibitor or sponsor please contact the MPTA Office at mpta@mpta.com.

**Highlights:**

Presentations will cover a multitude of physical therapy topics, each expanding on improving patient care through an interdisciplinary therapy team approach.

**Exhibit Hall:**

Networking opportunities with fellow MPTA members and vendors, who will be displaying their products and offering employment opportunities.

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**Event #2**

**2014 MPTA Spring Conference**

Saturday, March 29, 2014

This is the conference to attend if you want to be informed on Physical Therapy in Michigan!

**Who should attend?**

PTs, PTAs, Students and non-members are welcome who want to keep informed of all issues impacting Physical Therapy in the State of Michigan.

**Highlights will include:**

Sessions will be geared toward what every PT/PTA needs to know in every setting. Specific titles will be released in January, please check the website for the most up-to-date content.

**Session Topics:**

- Concussions
- Oncology/Lymphedema
- Pelvic Health

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Join us at The Kellogg Hotel and Conference Center

55 South Harrison Road, East Lansing, MI 48824

REGISTRATION FORM

MPTA Student Conclave: Friday, March 28
MPTA Spring Conference: Saturday, March 29

Registration Options:
You may register for both days or plan to attend only one day.
You may register by fax, mail or on-line at www.mpta.com.
Early Bird Registration discounts end Monday, March 4, 2013.
Registration forms must be received by the MPTA office by the end of the day Monday, March 18, 2013.

#1 MPTA Student Conclave (Fri., March 28):
- Member Student - $25 (after 3/3/14 fee is $30)
- Member PT/PTA - $35 (after 3/3/14 fee is $50)
- Non-Member Student - $35 (after 3/3/14 fee is $40)
- Non-Member PT/PTA - $45 (after 3/3/14 fee is $60)
- Life Member - FREE

#2 MPTA Spring Conference (Sat., March 29):
- Member* - $40 (after 3/3/14 fee is $60)
- Student Members* - $15 (after 3/3/14 fee is $25)
- Non-Member** - $75 (after 3/3/14 fee is $100)
- Life Member - FREE
* includes SPTs, SPTAs. ** includes PTs, PTAs, Students and Others

#3 Both Days (Fri., March 28 & Sat., March 29):
- Member* - $75 (after 3/3/14 fee is $110)
- Student Members* - $40 (after 3/3/14 fee is $55)
- Non-Member** - $120 (after 3/3/14 fee is $160)
- Non-Member Student - $110 (after 3/3/14 fee is $140)
- Life Member - FREE
* includes SPTs, SPTAs. ** includes PTs, PTAs, Students and Others

Pac Donation:
I would like to make a donation to the MPT-PAC in the amount of $_________. Note: We must have complete home and work address if you are making a PAC Donation. The employer must be recorded by state law. Only personal funds can be used for PAC donations; no company checks can be accepted. Donations must be made by a US Citizen.

Name: ____________________________________________
Designation: _______________________________________
Company or School: ________________________________
Company Street: ___________________________________
City/State/Zip: ___________________________________
Home Phone: _______________________________________
SUPPORT PT RESEARCH AND EDUCATION — DONATE TO THE MPTA INSTITUTE

Physical Therapy

The MPTA Institute for Education and Research, created by the MPTA Board of Directors in 1981, was established to provide a non-profit entity to promote research and education related to physical therapy in Michigan. Research grants, scholarships, and awards are given out by the Institute annually. Your donation to the Institute will contribute to the funding for these activities which benefit our fellow MPTA members and advance the profession.

INSTITUTE ACTIVITIES:

- Institute Trustees Grant – $500 for basic or clinical research
- Small Research Grant – $75 for research projects
- MPTA Annual Fall Conference – poster & platform presentations
- Filippis Family Scholarship – $500 for 6 PT students each year
- Richard E. Darnell Research Award – contributions in PT research
- Mabel E. Holton Award – achievement in scholarly publication

HOW TO DONATE*:

Contribute to the Michigan Physical Therapy Institute Fund managed by Capital Region Community Foundation. The MPTA Institute uses only the interest and dividends from this endowment fund while the principal grows for future use. To make an online donation via credit card, go to: http://crcfoundation.org/contribute. In the “Fund Name” field, enter Michigan Physical Therapy Institute Fund. If you prefer to mail a check, see instructions at: http://crcfoundation.org/content/how-make-donation.

Or, contribute directly to the MPTA Institute. Complete the donation form in this issue of Shorelines, enclose your check payable to “MPT Institute” and mail to the MPTA office. The form is also available on the MPTA website at http://www.mpta.com/committees_mptainstitute.html.

*The Institute is a 501(c)(3) entity. A receipt will be provided for your donation. Contributions are eligible for both the Michigan tax credit and the federal tax deduction.
2013 MPTA FALL CONFERENCE WRAP UP

The 2013 Annual Fall Conference, sponsored by the Michigan Physical Therapy Association, was held at the Westin Southfield on October 11-12, 2013.

Many thanks to Karin Crute, MPTA Director #3, Conference Committee Chair and the entire conference committee: Amanda Weidner, Carleigh Jarvis, Shannon Kleinnert, Melanie Kapa, Claire Dulin, Jamie Duley, Becky Rodda and Chris Wilson. They worked very hard to provide an excellent program, a variety of great research presentations, lots of fun, great food and important updates on physical therapy issues for all who attended. Thank you, Karin and the entire conference committee!

Highlights from the year included the poster presentations, platform presentations, educational sessions, and a special presentation by Gillian Russell, JD, APTA Senior Regulatory Affairs Specialist on “What is Happening with Healthcare Reform, The Affordable Care Act, and Emerging Issues in Medicare.”

A SPECIAL THANKS TO ALL OUR SPEAKERS

Roland Brandt, Speaker - Friday
Rachele Burriesci, Speaker - Saturday
Jeffrey Clark, Speaker - Friday
Sagan Everett, Speaker - Saturday
April Gamble, Speaker - Saturday
Cathleen Harro, Speaker - Saturday
Melodie Kondratek, Speaker - Friday
Peter Kovacek, Speaker - Saturday
Peter Loubert, Speaker - Saturday
Colleen McDowell, Speaker - Friday
Christina Michajlyszyn, Speaker - Friday
Joan Sacksteder, Speaker - Saturday
Alexandra Sciaky, Speaker - Saturday
Brad Siff, Speaker - Saturday
Bonni Kinne, Speaker - Friday
Dawn Thomas, Speaker - Friday
Reyna Colombo, Speaker - Saturday
Brian Adams, Speaker - Saturday
Gillian Russell, Speaker - Saturday
2013 MPTA FALL CONFERENCE SPONSORS & EXHIBITORS

The MPTA would like to acknowledge the contributions of our sponsors and exhibitors. Without their generous support this conference would not be possible.

Sponsors:
Central Michigan University
CSig Holding Company
Detroit Medical Center
HCR ManorCare
University of Indianapolis

Exhibitors:
MPTA SERVICE AWARDS

The MPTA was pleased to honor the following members at the annual award banquet.

2013 MPTA Fall Conference
AWARDS PRESENTATIONS

OUTSTANDING STUDENT AWARDS

Alaina Stempowski, SPT, Oakland University

Jamie Gerow, SPTA, Mott Community College

Jennifer Bickel, SPT, Wayne State University

Nichole Chakur, SPT, University of Michigan – Flint

Outstanding Student Award winners unable to attend:

Sarah Hythecker, SPT, Andrews University
Corey Randall Arnold, SPT, Central Michigan University

Mabel E. Holton Award – this award honors scholarly work by MPTA members and named to honor the first MPTA President (1951)

Beth Black, PT, DSc

Marjorie Stamm Outstanding Clinical Instructor Award - this very special award given in appreciation and recognition of the Outstanding Contributions made to the profession of Physical Therapy

Geraldine Connor, PT, MS

Cindy Kincaid Outstanding Clinical Instructor Award

Daniel Bannink, PT, DPT
HealthQuest Physical Therapy – Lake Orion

Noren Clouten Outstanding CCCE Award

Julie Kiefer Eaman, MA, CCC-SLP, CCCE
DMC – Rehabilitation Institute of Michigan

MPTA President’s Award - this award is presented to a MPTA leader who demonstrates exceptional commitment, superior leadership and tireless advocacy on behalf of our patients, profession and association. On behalf of our patients, profession and association this award is presented to:

Katherine Palazzolo, PT, DPT
Rachel Atanosian, PT, DPT
MEMBERS AT THE ANNUAL AWARD BANQUET.

OUTGOING BOARD OF DIRECTORS & LEADERSHIP POSITIONS

Pictured from left to right, Chief Delegate: Christopher Wilson, PT, DPT, GCS; Director, Academic Relations: Tim Zipple, PT, DScPT, OCS, FAAOMPT, CMW; Upper Peninsula District Chair: Edward Mathis, PT, DPT; Director, Conferences: Karin Crute. You need JavaScript enabled to view it. , PT; Secretary: Holly Lookabaugh-Deur, PT, DSc, GCS; Past President, Jake Jakubiak, PT; Niminating Committee, Geraldine Connor, PT, MS; Federal Affairs Liaison, Craig Miller, PT.

OUTGOING CHIEF DELEGATE

Christopher M. Wilson, Jr., PT, DPT, GCS

OUTGOING DELEGATES

Lucinda Pfalzer, PT, PhD, FAPTA
Unable to attend:
David Perry, PT
Kirk Randall, PT, MS
Cameron Williams, PT, DPT, MS

MPTA INSTITUTE FOR EDUCATION AND RESEARCH AWARD

WRIGHT & FILIPPIS STUDENT SCHOLARSHIP AWARD

This is an annual award sponsored by the Filippis Family Foundation and presented by the MPTA Institute for Education and Research for PT students in the final year of their program. Many thanks and appreciation to the Filippis Family Foundation.

Jonathan Potvin, SPT
Wayne State University
Miranda Moncada, SPT
Central Michigan University

Filippis Family Scholarship Award students unable to attend:
Alyssa Polso, SPT, Grand Valley State University
Daniel Stam, SPT, Andrews University

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POSTER PRESENTERS AWARDS

AWARDS FROM THE MPTA INSTITUTE

Outstanding Professional Poster - Christopher Wilson, Beaumont Health System, Troy, MI
Nursing staff perceptions and self-efficacy regarding a new handoff and screening procedure for patient mobility in the hospital

Outstanding Case Study Poster – Bonni Kinne, Grand Valley State University, Grand Rapids, MI
Using a “Reverse” Brandt-Daroff Exercise in the Treatment of Anterior Canal Benign Paroxysmal Positional Vertigo

Outstanding Professional Research Poster – Sujay Galen, Wayne State University, Detroit, MI -
Gait Parameters Measured Using a Wireless Gait Assessment Tool and its Association with Clinical Walking Measures in Older Adults

Outstanding Student Poster – T. Lytle, University of Michigan – Flint, Flint, MI
Health-related quality of life is associated with performance of systems-based balance outcome measures in older cancer survivor

CONGRATULATIONS TO MPTA MEMBERS RECEIVING APTA AWARDS

APTA Emerging Leaders Award
Ann Fox, PT, CLT-LANA

APTA Lucy Blair Service Award
Janet Downey, PT, MPT, PCS

APTA State Legislative Commitment Award
Kathleen “Jake” Jakubiak Kovacek, PT

VA Ann Arbor Cardiovascular & Pulmonary Physical Therapy Residency Program
Alexandra J. Sciaky, PT, DPT, MS, CCS
Recognition of Advanced Proficiency for the Physical Therapist Assistant in Musculoskeletal Therapy
Karen Hallay, PTA

CERTIFIED SPECIALIST AWARD WINNERS

Left to right, Chris Wilson, PT,DPT,GCS; Natasha Bachevie, PT, MS, OCS; Sara DeMars, PT, DPT, NCS; Mary Guyette, PT, DPT, GCS; Derek Chan, PT, DPT, SCS, OMPT, NASM and Tim Zipple, DScPT, FAAOMPT, OCS
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The MPTA Institute for Education and Research, Inc. is a sister organization to the Michigan Physical Therapy Association (MPTA). The MPTA Institute was created by the MPTA Board of Directors to provide a tax sheltered non-profit entity to promote research and education related to physical therapy in the state of Michigan. Scholarships, research grants, and awards are given out annually by the Institute to encourage research, education and the advancement of the physical therapy profession.

Funding for the MPTA Institute comes from the Michigan Physical Therapy Institute Endowment Fund managed by the Capital Region Community Foundation and donations made by individuals and companies directly to the MPTA Institute. We appreciate your support.

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WESTERN DISTRICT
Submitted by Ed Orloff, PT, DPT, CSCS, Cert. MDT - MPTA Western District Chair

The Western District has been busy. The final tally from the Western District MPT PAC Summer BBQ fundraiser was $1,000. A very special thanks to the PTs at GVSU, Borgess, Center for Physical Rehabilitation and Northern Physical Therapy.

Western District elections took place from November 15th to December 15th. All positions are up for re-election. The slate is as follows:
Ed Orloff- chair 1 year
Meri Goehring- Vice Chair 2 year
Susan Roemer- Secretary 2 year
Lindsay Tyler- Treasurer 1 year

The primary responsibilities for the District Chair are running district meetings, serving as a delegate to the APTA and serving on the MPTA BOD. The Vice Chair organizes and plans all district meetings. The Secretary keeps track of correspondences relevant to the district and the Treasurer keeps track of the money.

On November 12, the Western District held its meeting at Northern Physical Therapy in Wayland. Our district Chair, Ed Orloff, presented on McKenzie manual techniques. Thank you NPTS for hosting this meeting.

The next Western District Meeting will be held this winter in late January or February. Keep up on all the upcoming events at the MPTA Western District Facebook page and at mpta.com.

UPPER PENINSULA DISTRICT
Edward Mathis, PT, DPT – MPTA Treasurer, MPTA Upper Peninsula District Chair, MPT-PAC Chair

1. Cervical Manual Therapy Course Coming To Marquette February 8th

The Institute of Clinical Excellence will be offering a continuing education course entitled “The Manual Therapy Management of the Cervical Patient” in Marquette, MI. The course will be held at Active Physical Therapy and will be co-sponsored by the Upper Peninsula District. The cost of the eight-hour class will be $100 for APTA members and $150 for non-members.

The course will focus on thrust manipulation (upper and lower c-spine, cervicothoracic, upper thoracic, and ribs), mobilization, and soft tissue techniques. The didactic portion of the course will cover evidence supporting each of the techniques and describing which subgroups of patients have been shown to benefit from which approach. Safety of cervical manipulation including the utilization of proper screening tools will also be covered.

The goal of this course is to provide an in-depth look at utilizing evidence based manual therapy to achieve the best possible outcomes in patients with neck pain. The combination of hands on instruction and review of current best evidence will enable the attendees to immediately apply the techniques in the clinic with confidence. For more information email Dr. Jeff Moore at: jeffmoore@dpt@gmail.com. The course will be limited to 24 participants so please reserve your spot quickly if you are interested.

2. The district will be holding a Legislative Workshop at Finlandia University, Hancock in March (Date and details soon to come. Look for an update on our Facebook page).

3. UP Golf Social, Timberstone Golf Course, Iron Mountain. This event will be our 6th annual outing and serves as a fundraiser for the MPT-PAC. We have not set the date yet, but it will be on a Friday in late July with a 3pm start time, followed by a social at Pine Mountain Resort.

4. The following day we will be offering a free CE course: Gait and Balance in the Clinical Setting Presenter: Dr Sujay Galen PT PhD, Wayne State University, Detroit, Michigan.

This symposium will provide the participants with an overview on performing gait and balance assessments in the clinic, with the dual aim of monitoring changes in gait and balance in their patients and also establishing treatment efficacy.

An introductory lecture will present current literature and findings from recent scientific studies on the motor control of gait and balance. Specific outcome measures that have been developed to assess gait and balance will also be presented.

The second part of the symposium will involve a hands-on demonstration of some of the low- cost and user friendly technologies that Dr Galen has developed

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DISTRICT NEWS
To get the latest in District News see the MPTA Website at www.mpta.com>Districts

UPPER PENINSULA (continued)

for the assessment of gait and balance in a clinical setting. Guidelines to interpret the data will also be provided.

The third part of the symposium will provide details on how some of these newly developed outcome measures have been implemented in clinical studies in the Detroit area. Results from these studies will also be presented in this segment of the symposium.

The fourth and final part of the symposium will involve a group discussion with an aim to develop a problem list of topics that will benefit greatly from performing gait and balance assessments in the clinic.

5. Finally, I would like to thank our team of officers who have assisted in planning in the upcoming year.

Thank you for your time and service
Chris Moore, Vice-Chair
Mark Kargela, Keweenaw Regional Director
Kip Hartman, Marquette Regional Director

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Andrews University
Submitted by Bill Scott, Director of Clinical Education

“From North and South, from East and West they come to you”. The lyrics of the Andrews University school song rang true as the Class of 2016 arrived on campus. Forty pairs of eyes wide with anticipation of the journey ahead. Those eyes are now heavy with fatigue, as the reality of gross anatomy has set in. We are proud of them and their determination. Our second year students have returned safely from their practicum rotations and will be busy digesting a full didactic plate for the next three semesters. The Class of 2014 is currently on their second internships and are in locations from sea to shining sea, honing their clinical skills.

As the seasons quietly changed from summer to fall, we saw a similar transition in the Department of Physical Therapy as well. Kim (Coleman) Ferreira, PT, MSPT, PhD(c) has taken the helm flawlessly as our new Department Chair. She has kept us sailing on smooth waters. I, Bill Scott, PT, MSPT had the privilege to become the Director of Clinical Education in the department and have the luxury of Kim’s mentoring. Caryn Pierce, PT, MSPT has jumped in with both feet assisting in the anatomy lab and preparing her therapeutic exercise coursework for the upcoming semesters.

I attended the ELC conference in Portland Oregon October 4-6 and was able to get a better feel on the pulse of physical therapy education and leadership. Clinical education experiences through “missions” or “humanitarian volunteer service opportunities” was a topic that was discussed. Andrews University Physical Therapy Department is planning a trip to Dhaka, Bangladesh in August 2014. Dr. Lori Maria Walton, PhD, DPT and her group will volunteer PT services at two facilities, including “Center for Rehab of the Paralyzed” and “Hope Foundation for Women and Children of Bangladesh”.

For the holiday season, each of our classes were involved in packing shoe boxes with gifts for Operation Christmas Child. Small Christmas gifts will be packaged up and sent to four corners of the world spreading the joy of Christmas to those that may have gone without.

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We are thankful for each of our students and their attitude of giving. I hope your holidays were a time of joy and cheer. I also hope that it was a time of reflection of the many blessings we have in family, friends, and those that we associate within our profession.

Central Michigan University  
Submitted by Elizabeth Mostrom, PT, PhD

As always, there has been a great deal of activity for the students and faculty of the Program in PT at CMU over the past few months. The fall semester kicked off for 47 third year students (Class of 2014) with our annual “Professional Transition and Recognition Ceremony.” This event is an opportunity to recognize the accomplishments of our doctoral students during their first 2+ years in the program and wish them well as they move forward into their final internship year. Many family members and friends of the students were in attendance at the ceremony. This year we were honored to welcome Dr. Pamela W. Duncan, PT, PhD, FAPTA, FAHA as our guest and keynote speaker for the ceremony. Currently Dr. Duncan is Professor of Neurology and Director of Innovations and Transitional Outcomes for the Wake Forest Baptist Health System in North Carolina. She is a nationally and internationally renowned expert in health policy, outcomes research, and clinical epidemiology. Her primary area of expertise is in post-acute management of the elderly and individuals with stroke and other complex chronic conditions. Dr. Duncan’s inspirational address urged students to develop their talents and skills as future professionals and leaders by developing a flexible and expansive vision of the future of health care and the role of physical therapists in what promises to be a constantly changing health care environment.

At the ceremony, the recipient of our annual Outstanding Alumni Award for the Physical Therapy Program was recognized: Dr. Marissa L. Cruz, PT, DPT, GCS. Marissa is a graduate of the PT class of 1997 at CMU and is currently the Regional Therapy Program Manager for the McLaren Homecare Group. In this role she oversees therapy metrics, PT/OT specialty programming, clinical education for PT and OT students, staffing, and protocol development for the homecare network in multiple locations in Michigan. She has also served as an adjunct Clinical Lecturer/Mentor for geriatric PT residents from the University of Michigan-Flint. Marissa became an ABPTS board certified Geriatric Clinical Specialist in 2008 and is a long-standing member of the APTA and MPTA. Congratulations to Marissa for recognition well deserved!

At the ceremony several scholarships and awards were also presented to students. The program’s “Professional Values Scholarship” is awarded to one deserving student who is selected by his/her fellow students. This scholarship was established by Herm Triezenberg, PT, PhD and Elizabeth Mostrom, PT, PhD, to recognize a student in each class who most exemplifies the core values of the profession. This year, Allison Warsinske, SPT was selected as the recipient of this special recognition. In addition, Cory Arnold, SPT was recognized as the MPTA Outstanding Student from CMU for 2013 and Christopher Windy, SPT received a MidMichigan Health System Scholarship presented by Ann Dull, PT, Director of Orthopedics and Rehabilitation Services, for the MidMichigan Health System. Congratulations to all these deserving students!

One very important activity for the DPT program at CMU in 2012 was the completion of our 10-year accreditation review and on-site team visit by the Commission on Accreditation in Physical Therapy Education (CAPTE). Review of the program Self-Study Report and the on-site team report resulted in the reaffirmation of our accreditation for another 10-year cycle and a very positive report by the Commission.

Finally, we are pleased to announce and welcome two new additional faculty members who joined the CMU PT Program at the start of the fall semester. Dr. Jennifer Sansom, PT, MPT, MS, PhD, will be teaching primarily in the neuro-rehabilitation components of the curriculum. Jennifer received her PT degree from St. Catherine’s University in St. Paul, MN and completed her post-professional graduate studies and dissertation at the University of Michigan, School of Kinesiology, where she worked in the Developmental Neuromotor Control Lab. Dr. John Andraka, PT, DPT, OCS, CSCS, will be teaching primarily in the musculoskeletal and biomechanics components of the curriculum. John received his DPT degree from Drexel University in Philadelphia, PA. He is an ABPTS board certified clinical specialist in Orthopedic Physical Therapy and has served as an associated faculty member at CMU for several years prior to joining us in a full-time role. Both Jennifer and John are wonderful additions to our faculty and program.
Grand Valley State University
Submitted by Bonni Kinne, PT, MSPT, MA

Ten faculty members, seven students, and several recent graduates attended the MPTA Annual Conference. During the conference, Alyssa Polso (Class of 2014) received both the Outstanding Student Award and the Fillipis Family Scholarship. In addition, Professor Bonni Kinne received the Outstanding Case Report Poster Award. Professor Cathy Harro (along with recent graduate April Gamble) presented “Application of an Innovative and Interactive Gaming System in Individualized Therapeutic Intervention: A Case Series”, and Professor Bonni Kinne presented “Benign Paroxysmal Positional Vertigo: Evidence-Based Evaluation and Treatment Techniques”. Platform presentations were given by Professor Barbara Baker as well as by recent graduates Nanette Hannum, Kevin Proctor, and Kaelee Roberts (under the direction of Professor Lisa Kenyon); Michelle Giesel, Danielle Goulet, and Kayla Wilson (under the direction of Professor Karen Ozga); and Sarah Fisher, Katie Fontaine, and Laura Kordick (under the direction of Professor John Peck). Poster presentations were given by Professors Lisa Kenyon and Bonni Kinne as well as by recent graduates Michelle Giesel and Kayla Wilson (under the direction of Professors Meri Goehring and Mary Green); and Claire Dulin, Jillian Mitchell, and Kelly Poppaw (under the direction of Professor Bonni Kinne).

Other recent presentations were given by Professor Meri Goehring at the Symposium on the Advancement of Wound Care and by Professor Lisa Kenyon at the APTA Section on Pediatrics. Professor Barbara Baker published two articles in “Journal of Laryngology and Otology”, Professors Mary Green and Michael Shoemaker (along with Tiffany Basore and Alyssa Polso from the Class of 2014) published an article in “Physical Therapy Journal of Policy, Administration, and Leadership”, and Professor Bonni Kinne published two articles in “On the Level: Quarterly Newsletter of the Vestibular Disorders Association”. In addition, Professor Barbara Hoogenboom published a book entitled “Musculoskeletal Interventions: Techniques for Rehabilitation (3rd edition)”; and Professor Lisa Kenyon published a fact sheet for the APTA Section on Pediatrics. Finally, new leadership positions were accepted by Professors Barbara Baker (APTA Vice President for the Degenerative Disorders Special Interest Group) and Bonni Kinne (member of the Vestibular Disorders Association Balance Awareness Week committee).

In other news, Professor Barbara Baker accompanied 10 students from the Class of 2014 (Brett Cain, Abby Dull, Allison Gaskell, Megan Grady, Kelli Hudson, Kelly Johnson, Katie McDowell, Kailey Patterson, David Sefton, and Melissa Smith) on a service-learning trip to Guatemala. This trip was sponsored by “Hearts in Motion”, and this was the fifth year that our students have participated in this life-altering experience.

Kellogg Community College
Submitted Barbara BJ Simmons, PTA, M.Ed.

The Kellogg Community College Physical Therapist Assistant (PTA) program continues to be impressed with the generosity of clinicians who provide such excellent guidance to our students as they “pay it forward” as clinical instructors. First year students attend two components of observational rotations while second year students take part in the more in-depth, long-term part-time and then full-time affiliations. In the clinical setting they learn how to put together all of the academic pieces and apply that knowledge into the level of patient care we all expect. This would not occur without clinicians who accept the challenges and rewards of mentoring students during clinical education. Thank you.

At the time of this article submission, we have first year students taking part in their initial coursework including the fundamentals course (wheelchair management, sterile technique, ethics, job descriptions, gait/ambulation, and so on). They also have the Kinesiology I course where they are learning the specifics of bony landmarks, types of joints and goniometry. Second year students are in
their first major clinical rotation. They go to the same site for the entire semester for two half-days per week. They will begin full-time rotations in January. They are also in the midst of the Advanced Interventions course and the Focused Neurology course.

We continually modify the PTA program and are currently working to add in more electronic documentation, emphasis on functional note-writing and keeping up with other current trends in the field. We have re-introduced the in-depth joint mobilization labs including checkoffs for grade I and grade II peripheral mobilizations. We have not been permitted by CAPTE to include this for a number of years, so academic faculty, clinical faculty and students are all relieved to have it back in the curriculum.

If you are a graduate of our program and are not on the e-mail listserv, please contact BJ Simmons at simmonsb@kellogg.edu to get added to the listserv. For questions about the Kellogg Community College PTA Program, please contact Program Coordinator, Julie Roberts at (269) 965-3931 x 2270 or e-mail her at robertsj@kellogg.edu. Our web site can be found at www.kellogg.edu/pta.

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Oakland University
Submitted by Kris Thompson, PT, PhD

The fall semester is off to a good start now that the PT program has settled into the new Human Health Building. This fall we are excited to be in a new state of the art anatomy lab, part of the Hannah Hall of Science School of Medicine Laboratories. Opened in August 2013, the anatomy lab will be used by the OUWB Medical School and for the OU Physical Therapy Program gross anatomy, neuroanatomy and arthrology courses. Visit the Oakland University Physical Therapy Program facebook page to see pictures of the new lab.

The PT program is pleased to welcome two new full-time faculty members who had been part-time with Oakland for several years. Sara Arena, PT, DScPT, Assistant Professor, teaches in the area of cardiopulmonary, health promotion and wellness. Sara’s research focuses on blood pressure measures in various populations and utilization/completion of BP by healthcare practitioners. Sheri Brown, PT, DScPT, Adjunct Assistant Professor is a pediatric physical therapist. She will be teaching pediatrics, psychosocial patient management and clinical medicine.

Congratulations to the following OU students, faculty and alumni who were recognized at the Michigan Physical Therapy Association fall conference. Alaina Stempowski, PT Intern, received a MPTA Outstanding Student Award. Beth Black, OU faculty member, received the Mabel Holton Award for her paper, “Personal Health Behaviors and Role-Modeling Attitudes of Physical Therapist and Physical Therapist Students: A Cross-Sectional Study” published in Physical Therapy. Co-authors on the publication were Beth Marcoux, Chris Stiller, Xianggui Qu, and Ronald Gellish. Chris Wilson and Janet Seidell, OU PT alumni, received the Research Poster: Professional Award for “Nursing Staff Perceptions and Self-Efficacy Regarding a New Handoff and Screening Procedure for Patient Mobility in the Hospital” and Dan Bannink, OU PT alum, received the MPTA Outstanding Clinical Instructor Award.

The students and faculty would like to thank the following OU PT alumni who support student scholarships: Neil King, Teresa Stayer, Bryan Kuhlman and Kornelia Kulig. The Neil King Physical Therapy Award, SpectraMed Physical Therapy Scholarship, Orthopedic Spine and Sports Therapy Physical Therapy Scholarship and the Physical Therapy Merit Scholarship were awarded in October to PYIII DPT students including Leah Rust, Emilee Bohde, Mark Gruca, Charles Ohly, and Jillian Rataj. Thanks PT program alumni for supporting the OU students and programs!

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University of Michigan – Flint
Submitted by Jennifer Blackwood, PT, MPT, GCS

As 2013 comes to a close, the faculty, staff, and students of the University of Michigan – Flint’s Physical Therapy Department reflect on the changes that 2013 had brought and look forward to the coming year with many new opportunities that are on the horizon. First and foremost, in January, we welcome the newly appointed Director of the physical therapy department, Dr. Allon Goldberg PT, PhD. We thank Dr. Donna Fry PT, PhD for her time as the interim Director of the program.

As 2013 ends and 2014 commences, so begins the retirement of Dr. Cindy Pfalzer PT, PhD, FAPTA. With over 28 years of dedicated service to the department, the profession, and the students of this program, Dr. Pfalzer has touched many lives. Members of the Alumni Relations committee of the department are planning a fabulous retirement party to honor Cindy, and invite alumni to be engaged in this event which will be held in spring. If you are
interested in celebrating CP’s career as a Wolverine, please contact the department via phone or email: jblackwo@umflint.edu. We would love to have you celebrate with us.

The end of 2013 also included a transition of other faculty as the former director of clinical education, Annemarie Kammann PT, PCS retired and faculty member, Dr. Laura Lovasco PT, DSc, GCS left the department to pursue other interests. However, others have joined the UM team, including the new director of clinical education, Jamie Duley MPT, NCS, the new coordinator of the orthopedic certificate and residency program, Dr. Laura Smith DPT, and faculty members Dr. Bara Alsalaheen PT, PhD; Michele Lambaria MPT, NCS; and Leslie Smith MPT, CWS!

The pro-bono clinic of UM-Flint, PT HEART, which is managed and operated by students from the DPT and Health Education programs at UM-Flint, continues to experience great success in serving the physical therapy needs of the Flint community resulting in an increase in the number of patients served, an increase in the size of the clinic, and the need to purchase additional equipment.

UM-Flint was selected to host a Fulbright Scholar during this academic year. Dr. Olubusola Johnson PT, PhD, an expert in orthopedic physical therapy from Obafemi Awolowo University in Nigeria, will help internationalize UM-Flint through lectures on cultural competence and orthopedic special topics. Her primary objective while at the University is to do a comparative study of professional physical therapy curricula between Nigeria and the United States.

Within the Post Professional program, coordinators of the certificate and residency programs continue to develop residencies in Michigan and within the Midwest. We are proud to announce the availability of a pediatric residency at Mott Children’s Hospital, a component of the University of Michigan Hospital System. This adds to the list of current residencies available through the PT Program. All residencies aim at developing advanced physical therapy practitioners who are prepared for ABPTS board certification.

Lastly, the department will begin the first PhD in Physical Therapy in the State of Michigan and on the UM-Flint campus starting in Fall, 2014. The PhD program is open to all currently enrolled students or graduates of the DPT, tDPT, and the Certificate or Residency programs. The PhD program is designed to address the demand for qualified physical therapy faculty across the USA and to create academic leaders in PT education and research by enhancing their knowledge in important areas such as evidence-based practice in an area of advanced practice. Open houses for this program will occur on Wednesday, February 12th or Tuesday, February 18th in the Harding Mott University Center.

You can also join us in celebrating the many changes in Physical Therapy education at the University of Michigan at CSM where we will be hosting our annual alumni reception and will have a booth in the exhibition hall. We will also be in attendance at the MPTA Spring conference in Lansing. This is an exciting time for our department and we are thankful to share this opportunity with the MPTA community.

Wayne State University
Submitted by Kim Dunleavy, PT, PhD, MOMT, OCS

The Wayne State Physical Therapy students and faculty have been very active over the past year and we wanted to share some of the exciting achievements and activities!

Our student groups have been extremely active in the community (both locally and nationally) and within the student body at Wayne State. The Physical Therapy student organization have collected canned food for Gleaners Food Bank and pet supplies for a local pet shelter, served food to at the Oasis soup kitchen and the Detroit Rescue Mission. They also bought and served dinner at the Ronald McDonald House. Along with medical students and led by PY 2 student Rob Neda, they initiated a health, fitness and nutrition workshop for children titled FutureDocs. They also helped raise funds to purchase medical supplies for the WSU World Health Student Organization mission trip to Ecuador. Rob Neda SPT and John Fontaine SPT volunteered in Oklahoma assisting with the tornado relief and debris removal over the summer. Hannah Fairbanks SPT assisted with editing educational materials for Rehabilitation Technician training in Haiti for a Health Volunteers Overseas project.

The annual Physical Therapy student gala is being planned by the DPT class of 2014 for Saturday January 18 at the Mirage Banquets and Catering Center on 16980 18 Mile Road, Clinton Township, MI and is likely to be bigger than ever! If alumni are interested in attending, please contact Tony Ruvolo (truvolo4@gmail.com) for tickets or more information.

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Besides an evening of fun and socializing, the event will also support a fund for students with financial hardship.

This year, Wayne State has several people to recognize and thank:

- Congratulations to Sam Alquattan, SPT, for receiving the Athletes with Disabilities Scholarship which is awarded to students with disabilities or to students in professions who will be working with those with disabilities.

- Dr. Susan Talley PT, DPT stepped down from the Physical Therapy Program Director position in order to focus her professional service as the MPTA President and to complete her PhD dissertation requirements. Sue has provided countless hours of service to the Program over the past 10 years and has led the Program through accreditation requirements, transition to the doctoral degree and an increased focus on research activities. Good luck for the new challenges!

- Dr. Allon Goldberg PT, PhD Associate Professor has contributed to 9 cohorts of student groups, leading student research and mentoring junior faculty. Dr. Goldberg has accepted a position as the Director of the University of Michigan Physical Therapy Program and we wish him all the best in his new role,. We will miss you Allon!

- Dr. Tom Birk has been a member of the WSU Physical Therapy faculty for 12 years and also served as Health Care Sciences Department Chair. A tenured associate professor, Dr. Birk has taught in a number of different course areas and has studied the physical performance of individuals with HIV and venous insufficiency. Tom is pursuing further administrative leadership opportunities in warmer climates and we wish him success in his new endeavors.

- Erin Courtney SPT travelled to Cape Town South Africa for the first international clinical placement at Groote Schuur Hospital. Erin obtained valuable clinical and personal experience amongst a number of international medical and health care science students completing clinical residencies or affiliations.

- Dr. Sujay Galen received the best professional poster award from Dr. Allon Goldberg at the MPTA conference.

Wayne State physical therapy students are actively supporting the probono Physical Therapy SAY Detroit clinic in Highland Park serving underinsured women and children with rehabilitation needs. Dr. Martha Schiller has spearheaded this initiative and has been pivotal in the success of the project which is expanding exponentially. Students also participate in the WSU interdisciplinary diabetes education (DEW) clinic at the same location providing skincare education, exercise and activity advice. We truly appreciate the clinicians who volunteer their time to evaluate and treat patients, supervise students and help run this worthy initiative. Volunteers who are willing to assist with the clinic hours on Monday or Wednesday evening would be very welcome – please contact Dr. Martha Schiller at martha.schiller@wayne.edu.

The annual Eugene Applebaum College of Pharmacy and Health Sciences Apple Days provide an introduction to the health care professions for middle school students and was led this year by Kristina Reid and the class of 2016. This year the event was expanded to a community health fair including stretching (class of 2015) and back care education (class of 2014) stations. Lomis Brown (previous championship Lions football player) was the guest speaker for the event and took advantage of the student’s advice on lifting techniques, sitting posture, and sleeping positions. His spirited interaction with the students was undoubtedly an experience that will remain a highlight for all the students.

Courtney Ehred SPT and Lomis Brown during the Apple Days Health Fair.
The Cindy Kincaid Outstanding Clinical Instructor Award was developed by the MPTA Special Interest Group for Clinical Education (SIGCE) to recognize individuals who demonstrate exceptional skills in teaching, communication, interpersonal relations and professional practice, thus serving as models for PT and PTA students. Nominations for this award are made by PT and PTA students during the final year of their educational program.

Eight clinical instructors were nominated for the award this year. All of these individuals deserve recognition for the contribution they have made to our profession through their commitment to excellent clinical education experiences. The nominees in alphabetical order were: Daniel Bannink, Ryan Bean, Erin Choi (O’Connor), Erik DeMeulemeester, Ellen Hector, Heather Staal, Kristin VanderArk, and Keith Williams.

The 2013 SIGCE Outstanding CI Award Committee selected Daniel Bannink to receive the award. Daniel is a physical therapist at Health Quest Physical Therapy and Medical Fitness in Lake Orion and was nominated by Lauren Ramer from the University of Michigan-Flint. Daniel was recognized for the positive learning environment he provided to the student. He demonstrated a passion for patient care and teaching. He is an exemplary model of what a physical therapist should be. He is described as being positive and upbeat and his energy is contagious in the clinic. He sets a good example to his patients and students by eating healthy, exercising, and maintaining an optimal level of fitness. He promotes the physical therapy profession by being active in the local community teaching functional anatomy courses to yoga instructors, engaging in cycling events, leading a hockey conditioning class for high school students, and conducting research. He used a variety of creative teaching techniques to facilitate the students learning process. His feedback to the student was clear and constructive and instilled confidence in the student. One of his references mentioned that Dan had characteristics of a clinical instructor he had 35 years ago. That clinical instructor was Cindy Kincaid.

Please extend congratulations to Daniel and all the CI award nominees. These nominees are all exemplary engaged professionals that are guiding the development of the new physical therapy practitioners in our community.

The FUN Fitness Program is looking for a Volunteer that might be interested in becoming a clinical director for the FUN Fitness program for Special Olympics of Michigan. The FUN Fitness program is a screening event that takes place during Special Olympics events that occur around the state of Michigan throughout the year, some of these locations include Traverse City, Mt. Pleasant, Canton and Ypsilanti. The screening event has twelve different stations that look at flexibility, strength, balance and aerobic fitness. Education is provided to the athletes as needed and handouts are given. Data is collected and submitted to the Special Olympics for recording purposes as each athlete has a number assigned to them. Individuals interested in becoming a clinical director need to be licensed physical therapists. Training would be provided to you in order to organize and run a successful screening event. If you think this is something that you might be interested in learning more about, please contact Katie Palazzolo at ktpalazzo@gmail.com.
Michigan PT Pub Night

**What is it?**
Michigan’s monthly gathering of physical therapy colleagues, brought together for face-to-face conversation to share perspectives and form relationships that enhance the professional life of each person who attends.

**When is it?**
The third Thursday of the month

**Where is it?**
Wherever a PT would like to host it! We will help you get started!

**Who is it for?**
- APTA members – YES!
- APTA non-members – YES!
- PTs, PTAs, Student PTs and PTAs – YES

**Is it a meeting?**
Nope, no agenda – just for PTs by PTs

**How do I find out more?**
Check out the Michigan Physical Therapy Association FaceBook Page or www.mpta.com

Want information about how to start a PT Pub Night in your area – contact MPTA.