

Sarah Patterson, PT, DPT

Sarah Patterson graduated from Grand Valley State University with her undergraduate degree in Clinical Exercise Science in 2013 and her Doctorate of Physical Therapy in 2016. Following graduation, Sarah began working at Superior Physical Therapy in Traverse City. Since then Sarah has completed post-graduate training through the Gray Institute, including her Fellowship of Applied Functional Science. Sarah has been serving as the MPTA Northern District Co-Vice Chair for the last year and has enjoyed organizing continuing education events and PT Pub Nights in the Northern District. Sarah also had the honor of serving as a delegate representing the Northern District at the APTA House of Delegates in 2018.

Sarah enjoys any activity on the water including kayaking, boating, or swimming, as well as hiking with her two labs and her husband. Sarah also enjoys watching football, and still maintains season tickets to GVSU football games, which she travels to with her mom every year. Sarah is excited for the opportunity to continue to be involved with the MPTA and bringing more opportunities the Northern District!

Candidate Statement

I would love the opportunity to serve as MPTA Northern District Chair as well as a Michigan Delegate. I was fortunate enough to serve as a Delegate in 2018 and found the experience very rewarding and important for our future as a profession. I am excited to bring more continuing education events and networking events to the Northern District. I would also like to engage more of our Northern District members. I am planning to begin working on more online and in person continuing education and to continue to discuss with members what opportunities they are passionate about.